

EPP Courses - Torfaen

Below are future courses planned for Torfaen. Early booking is advised.

Town	Venue	Course / Name	Day	Time	Dates
Cwmbran	Green Meadow Community Centre	Six-Week Health and Well-Being Course	Thurs	1.30pm - 4.00pm	27 th September 2018
Pontypool	The Settlement	Introduction to Self-Management Course	Fri	10.00am - 12.30pm	5 th October 2018
Cwmbran	Cwmbran Library	Six Week Living with Chronic Pain Course	TBC	TBC	January 2019

To book a place on one of these **FREE** courses or for more information about courses in your area, please contact:

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Follow us on Facebook – regularly updated with new course dates

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