

# EPP Courses - Torfaen

Below are future courses Confirmed for Torfaen. Early booking is advised. More dates to come.

Town	Venue	Course / Name	Day	Time	Dates
Cwmbran	Cwmbran Library	Living with Chronic Pain	Monday	1:00 pm - 3:30 pm	6 <sup>th</sup> January 2020
Pontypool	The Settlement	Living with Chronic Pain	Monday	10:00 am - 12:30 am	27 <sup>th</sup> January 2020
Cwmbran	Green Meadow Community Centre	Introduction to Self Management	Wednesday	1:00 pm - 3:30 pm	25 <sup>th</sup> March 2020
Pontypool	The Settlement	Introduction to Pain Management	Wednesday	5:30 pm - 7:30 pm	22 <sup>nd</sup> April 2020
Pontypool	The Settlement	Living with Chronic Pain	Wednesday	5:30 pm - 8:00 pm	29 <sup>th</sup> April 2020
Cwmbran	Green Meadow Community Centre	Living with Long Term Conditions	Thursday	1:00 pm - 3:30 pm	30 <sup>th</sup> April 2020
Cwmbran	Green Meadow Community Centre	Introduction to Pain Management	Thursday	10:00 am - 12:30 pm	3 <sup>rd</sup> September 2020
Cwmbran	Green Meadow Community Centre	Living with Chronic Pain	Wednesday	10:00 am - 12:30 pm	16 <sup>th</sup> September 2020

To book a place on one of these **FREE** courses or for more information about courses in your area, please contact:

**Jules Godden**  
**EPP Co-ordinator**

GAVO, Ty Derwen, Church Road, Newport NP19 7EJ

**T:** 01633 2476741 **E:** jules.godden@gavo.org.uk



**@EPPCymru**

Follow us on Facebook – regularly updated with new course dates



Gwent Association of Voluntary Organisations  
Cymdeithas Mudiadau Gwirfoddol Gwent