

Feb 2024



Age UK WMHL Living Well Roadshows

Pop along to our Living Well Roadshows and see us for a coffee, chat, and access to a wide range of information.

What are they?

Opportunities to access a wide range of information from our expert team, whilst enjoying a hot drink and a chat. Information can be provided on:

- FREE Home Energy Checks and installation of cost saving measures
- FREE information on how to improve your financial, physical, and mental wellbeing
- Our range of volunteering opportunities

When & where?

- **Thursday 1st February (10:30am)**
 - Wellington Chapel, Hereford, HR4 8AX
- **Wednesday 7th February (10:30am)**
 - Staunton-on-Wye, HR4 7LR
- **Wednesday 14th February (2:30pm)**
 - Ledbury Evergreens, HR8 2EF
- **Wednesday 21st February (10:30am)**
 - The Hub @ Peterchurch, HR2 ORT
- **Wednesday 28th February (10:30am)**
 - Morrisons, Ross-on-Wye, HR9 7AG

For more information, please contact us on:

0333 0066 299

contact@ageukhl.org

www.ageuk.org.uk/herefordandlocalities

Registered charity number: 1114859

Company number: 05688674

Registered head office is: Bank House, 7 Shaw Street, Worcester, WR1 3QQ

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TALK COMMUNITY